

Casey Hearing



We would like to thank and acknowledge the Casey Hearing team who have worked through a second year of the Covid-19 pandemic showing great patience and flexibility.

Thank you for your continued professionalism. We are so proud to be working alongside people who are caring, kind, helpful, and always put our patients first. Thank you to every single member of our team, who continue to smile behind their face masks. We appreciate you all.



On behalf of the Casey Hearing Team, we wish you and your family a safe and happy festive season. We hope you get some time to enjoy a well-deserved break and enjoy the things you love. We encourage you to be mindful of those who are isolated or alone during the festive season and reach out to them. Thank you for entrusting us with your family's hearing health care this year and we look forward to seeing you all next year.



Casey HEARING
CHRISTMAS
Closure Dates

Closed: 22nd Dec - 9th Jan
Reopening: 10th Jan 2022

With just a few days to go, here is an update on our Christmas hours.
We will be operating from 8.30am -4.30pm on 21st December.
We will be Closed from 22nd December until 9th January 2022.
Hearing aid batteries can still be collected on 22/12.
We re-open on 10 January 2022.
Please make any bookings online as reception staff will be on leave during the time that we are closed <https://healthengine.com.au/book/64337>



CLIENT TESTIMONIAL

I've been misunderstanding things said in conversations or not hearing them at all with background noise present. The use of face masks stopped my ability to lip read. A young friend suggested Casey Hearing to me. Khatija and Aniisa could not have been more, polite, understanding and professional in their truly genuine services to me. I have rejoined the human race! I can now hear my squeaky voiced granddaughters, can sit and hold a conversation and even sing in tune again !!
Five Stars
Trevor
★★★★★

Thank you Trevor for sharing your personal testimonial with us. We are very happy to hear that you are fully participating in life again and doubly happy you can now hear your granddaughters clearly, how exciting!



12 TIPS FOR THRIVING DURING CHRISTMAS

Credit: [Soundfair.org.au](https://www.soundfair.org.au)

While Christmas is an exciting time of the year for many, the holidays can bring some added challenges for people with hearing conditions that might add stress to the mix. If you have a hearing condition or will spend the holidays with someone who does (and that's at least 1-in-6 of us) here are some easy tips that will make the event enjoyable for everyone:

1. **Set a children's play area:** Children can be loud. Setting a separate part of the house for children to be as rowdy as they want to without disturbing the rest of the guests.
2. **Buffer the sound of the room:** Fabric absorbs sound, so using tablecloths and meeting in a room with carpeted floors will also allow for a quieter and more accessible setting.
3. **Check your lighting:** People who lip-read need good lighting to see other people's faces clearly, so for all the ambience that candlelight and fairy-lights give, make sure the room you're meeting in is clearly lit.
4. **Go full-circle:** circular tables create a better listening environment and allow people with hearing conditions to lip-read more easily, so opt for a circular table if you're hosting. If you're attending someone else's event, ask if a circular seating arrangement is available.
5. **Use disposable dinnerware:** the clanking and clattering of metal cutlery on crockery can be very unpleasant and loud for people with hearing conditions. Using paper plates will allow for a quieter dinner and an easier clean-up!
6. **Turn down the music:** while music adds a nice tone to any occasion, it can become overpowering to people with hearing conditions. If you're struggling to hear, ask the host to turn the music down a notch – events are supposed to be fun for everyone.
7. **Location, location, location:** try to sit with your back to the wall and with a light behind you. This will improve acoustics (as noise will bounce on the wall) and allow you to lip-read more easily.
8. **Choose a buddy:** having someone that you can talk to one-on-one on the day that can help you catch words you may have missed can go a long way in making you feel included. Ask a person to be your buddy in advance so you can have peace of mind on the day.
9. **One conversation at a time:** Trying to catch what people are saying when everyone's speaking at the same time is a nightmare for people with hearing conditions. If you're hosting, try to moderate the conversation so that there's only one conversation taking place around the table at a time.
10. **Don't talk with your mouth full or cover your mouth when speaking.**
11. **Take it outside:** if you're in the middle of a one-on-one conversation and are struggling to hear, ask the person you're speaking with to go to a quieter place with you.
12. **Find your quiet place:** Identify a quiet part of the house where you or the person with a hearing condition can retreat to if they need a listening break.

Looking for a clever gift idea?



Help protect the hearing of your loved ones with our high-end hearing protection earplugs.

Choose from music, motorsport, hunting & shooting, work, comfort and sleep.

PHONAK
life is on



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